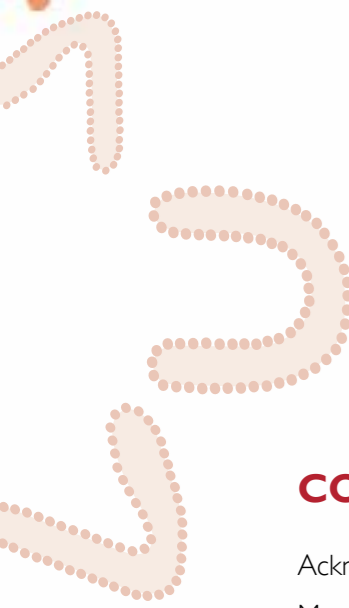




Bega
Garnbirringu
HEALTH SERVICE

Annual Report 2022





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"Aboriginal and Torres Strait Islander readers are advised that the following information may contain images and names of people who have died".



ACKNOWLEDGEMENT TO COUNTRY

Bega Garnbirringu Health Service acknowledges the traditional custodians of this land and pay our respects to Elders, past, present, and emerging.



MEANING OF BEGA GARNBIRRINGU HEALTH SERVICE'S LOGO



Bega
Garnbirringu
HEALTH SERVICE

Maria Bandy (Cooper) designed the Bega Garnbirringu Health Service Logo

The Green Vine is the Karlkurla or Silky Pear which stems up out of Kalgoorlie and circles Australia for unity.

The colour green is for healing and life. There are seven silky pears on the vine to represent the seven states and territories of Australia; it also represents the dreamtime story of the seven sister's stars in the sky.

The white around Australia represents the non-Indigenous people, yellow is representing the sun, giver of life, black are the Indigenous people of Australia, red is the colour of the sand and blue is for the creation, the universe, and the sea.

BEGA'S LOCATION

Bega Gambirringu Health Service is located Kalgoorlie.

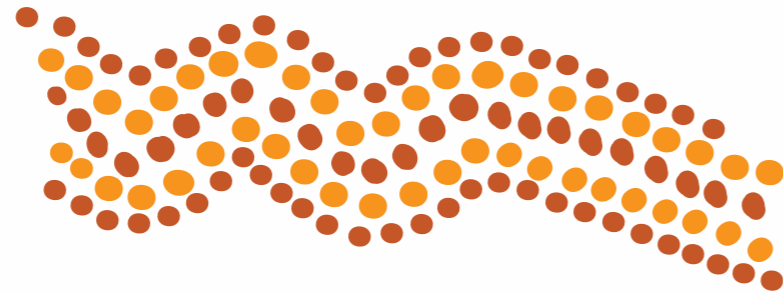
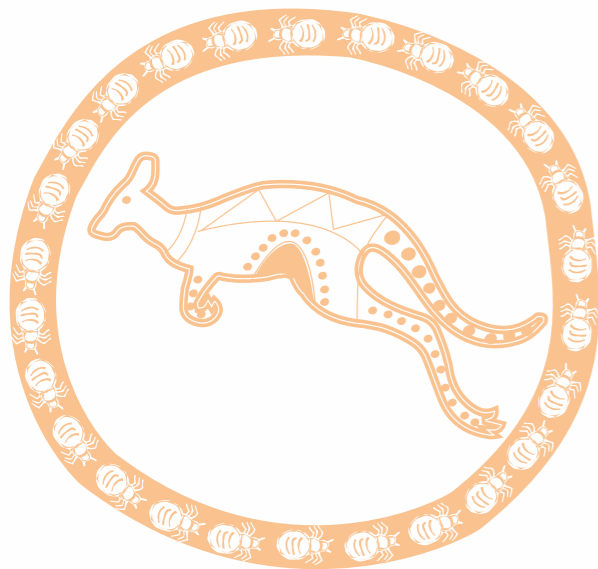
Kalgoorlie is situated approximately six hours travelling by vehicle east of Perth, via the Great Eastern Highway.

Kalgoorlie is the hub of the Goldfields. It is one of the largest and most diverse tourism regions supported by a large gold mining industry steeped in history.

With a dry climate, Kalgoorlie is known for its architectural style (a legacy of the gold rush days) and its adventurous outback.

Bega Gambirringu Health Services provides its services from eight buildings within Kalgoorlie:

- Administration Building - 51 MacDonald Street
- Social & Emotional Wellbeing (SEWB) - 49 MacDonald Street
- IT & Maintenance - 22 Boulder Road
- Nindila Training Centre - 43 Boulder Road
- Healthy Lifestyle Centre - 21 Boulder Road
- Social Support - 28 MacDonald Street
- Clinical Services - 16-18 MacDonald Street
- Sobering Up Shelter - 8 MacDonald Street



OUR VISION

Bega Gambirringu Health Services' vision for the future is for a society in which Aboriginal and Torres Strait Islander people are not disadvantaged and share a quality of life with health standards and life expectancy equal to the Non-Aboriginal and Torres Strait Islander Community.

OUR MISSION

Bega Gambirringu Health Service's mission includes the development and maintenance of a robust and diverse organisation that provides sustainable, culturally appropriate, and holistic health services to Aboriginal and Torres Strait Islander people. The organisation addresses the social determinants of health and provides for clinical, educational, and preventative health services and the development and retention of the skilled workforce necessary to achieve its mission.

BOARD MEMBERS



Fabian Tucker
Chairperson



Barron Bonney
Deputy Chair



Tamarin Tucker
Treasurer



Lorna Willis-Jones
Secretary



Ann Forrest



Dennis Forrest



Marelda Tucker



Pauline Bonney



Gary Sambo

CHAIRPERSON'S REPORT



FABIAN TUCKER
Chairperson

On behalf of the Board, it is my pleasure to present this year's report to members, funding bodies and stakeholders. Over the past twelve months, the Board had to be flexible and adaptable in responding to changing health priorities while

keeping our eyes firmly on Bega's strategic direction for the future.

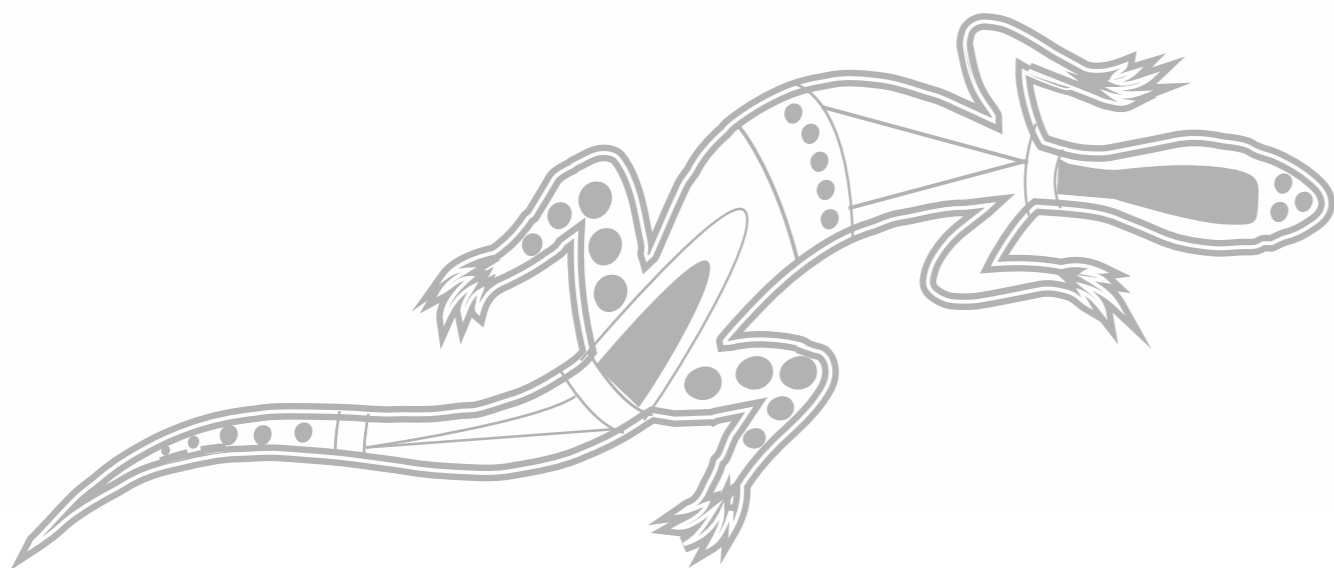
This year threw some new challenges at us, in particular the national emphasis on raising Covid vaccination rates in Aboriginal communities. Bega led the way in this area by sourcing and deploying the resources necessary to significantly increase vaccination rates in the Goldfields. This was soon followed by the announcement that WA would be bringing down its hard border and allowing Covid into the state, which understandably caused

much anxiety across the communities Bega serves. I was impressed by the way that Bega staff faced these challenges head-on and did whatever was necessary to look after our clients.

I continued to represent Bega's interest in the broader Aboriginal health sector as a Board member (Secretary) of the Aboriginal Health Council of WA (AHCWA) and I was also appointed to the Aboriginal Advisory Council of Western Australia. This year saw Bega take on the role of Chair for the Goldfields Regional Aboriginal Health Planning Forum (GRAHPF), which brings a regional perspective to our strategic direction.

Financially, Bega continues to go from strength to strength through a combination of attracting new funding and consolidating our asset base. This gives the organisation further capacity to provide increased levels and scope of services to our community. Another unqualified audit this year highlights the strength of our governance and management systems.

As we close out this financial year, I want to express my thanks and gratitude to the Board and staff at Bega for their efforts and commitment to this wonderful organisation.



CHIEF EXECUTIVE OFFICER'S REPORT



CLIVE HOLT
CEO

At the start of this year, we were full of optimism that the world was slowly returning to some form of pre-Covid normal, and we could continue building Bega's service delivery capacity in line with our strategic objectives.

As we have experienced so many times recently, the Covid landscape is unpredictable and can change rapidly, as evidenced by the sudden emergence of the Omicron variant of the virus. This resulted in a renewed push by Government to focus on the vaccine rollout and the implementation of vaccine mandates for certain industries, with healthcare being a priority sector.

Bega was quick to respond and actively sought funding to increase our capacity to deliver Covid vaccinations to our clients across the Goldfields. We recruited a dedicated team of nurse vaccinators and converted the basketball court at the healthy lifestyle centre into a walk-in vaccination centre. Our mobile clinics were tasked with doing additional outreach trips specifically to deliver and administer Covid vaccinations to rural and remote communities. Supported by an extensive promotional campaign and tireless efforts on the part of staff, Bega was successful in significantly increasing the vaccination rates of Aboriginal people in the Goldfields.

As Covid case numbers soared to new heights on the eastern seaboard, pressure increased on WA to bring down its hard border arrangements and loosen quarantine requirements. The subsequent announcement that WA would remove the hard border early in 2022 resulted in a shift away from a 'suppression' strategy to a 'living with Covid' strategy. The implications for Bega were significant in that we had to re-visit all the previous planning and strategies around keeping Covid out of the community and implement measures to ensure we could continue to function safely with Covid in the community. Coupled with a raft of new restrictions and mask wearing mandates imposed by the state Government, the first part of 2022 presented us with a whole new suite of challenges.

Bega developed and implemented a detailed business continuity and outbreak response strategy to ensure ongoing operational and service delivery capacity so we could continue to look after our client's healthcare needs and safety. Enhanced triage procedures, Personal Protective Equipment (PPE), mandatory Covid testing for staff and an increase in Telehealth consults were some of the initiatives that saw us and our clients safely through these turbulent times. Bega also led the way in developing home Covid care packs, which included essential medical and food security items. These were distributed to clients who had been forced into isolation as a result of Covid and were greatly appreciated by the community. At the time of writing, it appears that WA has gone through the worst of the Covid outbreak with daily case numbers steadily declining and Bega's focus shifting from Covid response to core business.

On the Human Resources front, a significant milestone was achieved with the graduation of 22 Bega staff from our inaugural Leadership Development program. Run in conjunction with Leadership WA, the program was designed around Bega's specific requirements, and I can report that the results I have seen to date are extremely encouraging and will ensure Bega has strong internal leadership in the years ahead. Our recruitment and retention activities centred around positioning Bega as an 'employer of choice' and have resulted in improved workforce stability within a competitive labour market.

Last year I reported that Bega had secured funding to deliver our Goldfields Aboriginal Suicide Prevention Strategy, which focuses on community capacity building for early identification and intervention. This program is now fully operational and has delivered Mental Health First Aid, Safetalk and ASSIST suicide intervention training to communities in Kalgoorlie-Boulder and across the Goldfields. I can also report that Bega was selected as a trial site for and Aboriginal specific Social and Emotional Well Being (SEWB) program. The program will run for an initial 3-year period and provide us with significantly increased capacity to respond to our client's SEWB needs.

Our physical infrastructure projects continue to move closer to completions and we officially opened our Environmental Health, Maintenance and Central Stores facility at 20 – 24 Boulder Road. We commenced with some much-needed upgrades and renovations to the clinic, which include several safety and security initiatives aimed at improving the overall functionality of the clinic



and the client experience. These activities are progressing well and when complete, will provide Bega with increased and improved service delivery capacity. Our redevelopment project at 12 – 14 MacDonal Street, as part of our Central Health Hub vision, encountered some minor setbacks as a result of significant price increases across the building and construction industry. We had to re-visit our design concept and are in the process of making some adjustments to ensure we can deliver a fit-for-purpose structure within budgetary constraints.

Externally, Bega played a significant role in participating in numerous Covid response planning forums and stakeholder engagement groups. We actively participated

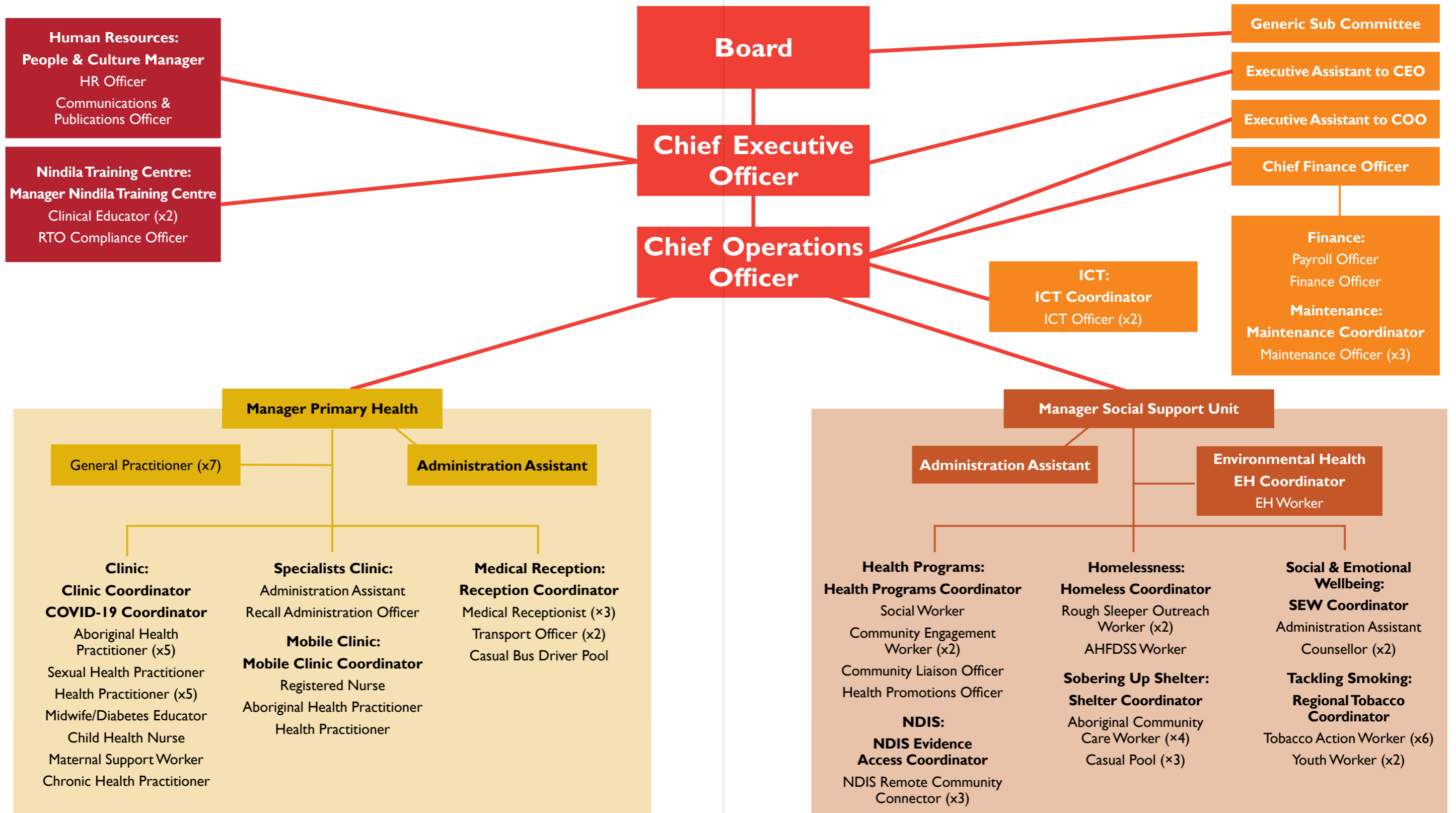
in sector-wide forums and meetings including regular contact with the National Aboriginal Community Controlled Health Organisation (NACCHO), the Aboriginal Health Council of WA (AHCWA), Goldfields Regional Aboriginal Health Planning Forum (GRAHPF), West Australian Primary Health Alliance (WAPHA) and other funding bodies.

In a year of constantly shifting priorities, I was heartened by the way staff adapted to this changing environment, while maintaining overall focus on service delivery to our clients. Thank you for another incredible year 'Bega Mob' and let's keep up the amazing work in the years ahead.



CORPORATE STRUCTURE

As at 30 June 2022



Corporate Services



Corporate Services Team

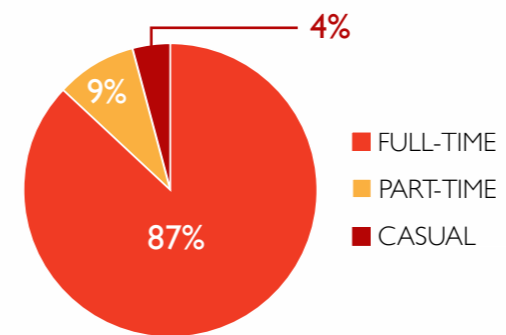


HR Team

WORKFORCE DEMOGRAPHICS

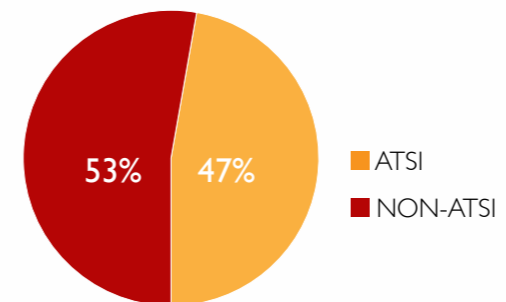
The charts below provide workforce statistics on the number of Employees, Employment Status, Aboriginality and Leadership Group across our organisation.

EMPLOYMENT STATUS



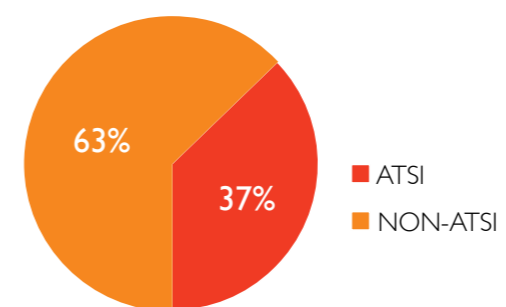
Employment Status	
Full-Time	76
Part-Time	8
Casual	3
Total	87

ABORIGINALITY

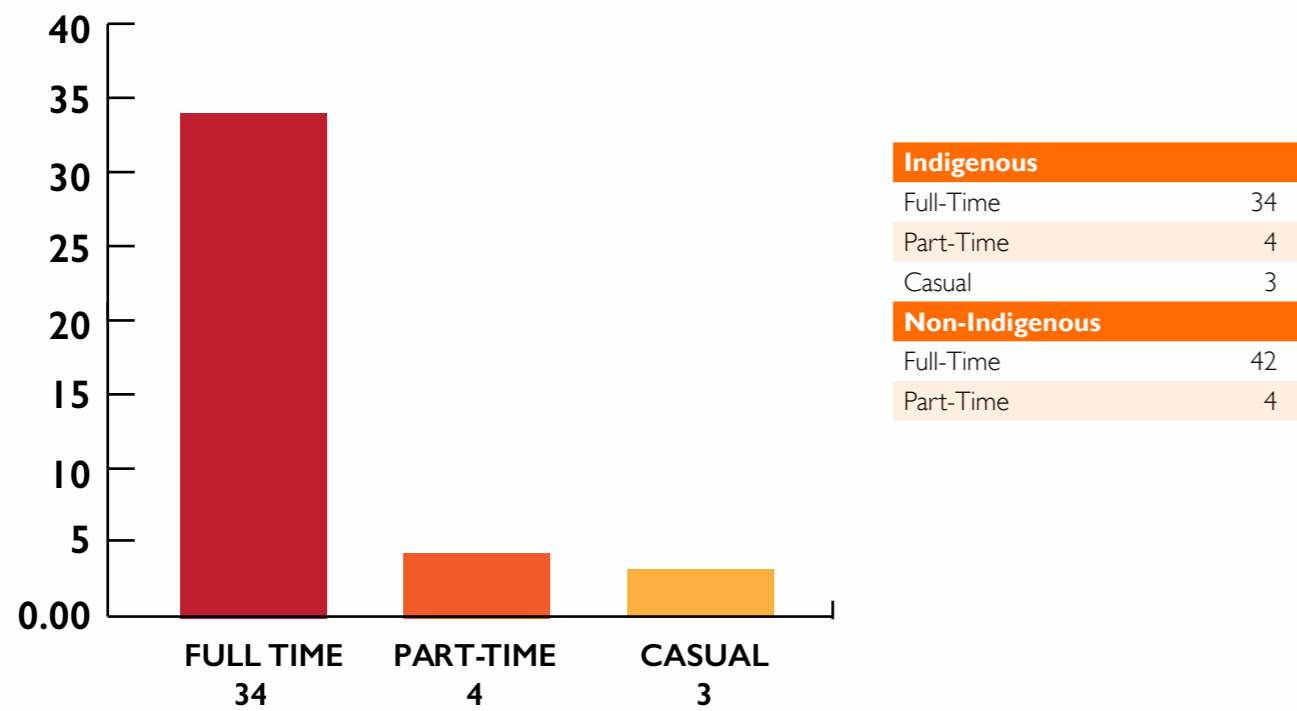


Aboriginality	
ATSI	41
NON-ATSI	46

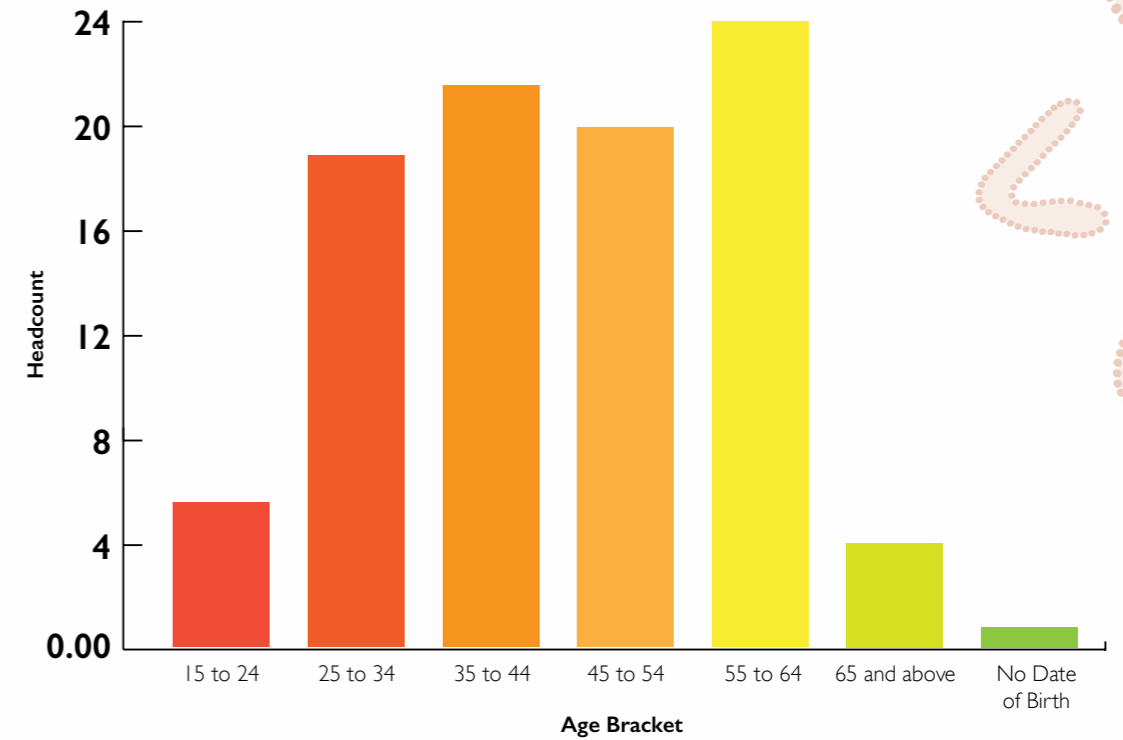
LEADERSHIP GROUP



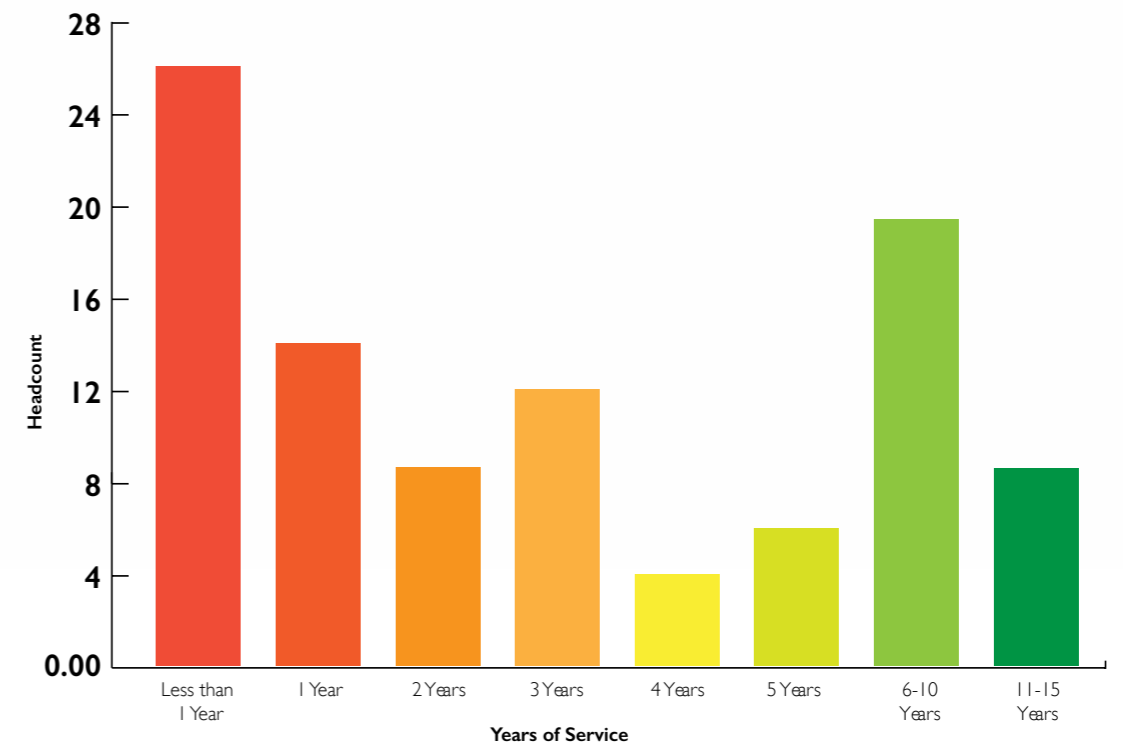
CURRENT INDIGENOUS EMPLOYEES TOTAL = 41



HEADCOUNT FOR EMPLOYEES BY AGE BRACKET



HEADCOUNT OF EMPLOYEES BY YEARS OF SERVICE BRACKET



FINANCE

2021/22 saw another busy and challenging year for the finance team. With the onset of the pandemic and many challenging factors, staff worked as a unified team and performed in a professional manner to deliver the outcomes as required from all stakeholders.

The Finance Team consists of the Chief Finance Officer, Finance Officer, and Payroll Officer.

The team has a wealth of experience, skills, and knowledge, which has proved to be an asset to Bega.

The most important focus areas for the finance team during the reporting period are as follows:

- Financial Reporting to all Funding Bodies.
- All ATO Reports, BAS and PAYG lodged on time.
- Superannuation is compliant and paid on time.
- Creditor payments run on a regular basis.
- Payroll is completed fortnightly.
- External Audit is completed with an unqualified opinion.

- Continued improvements to processes to ensure accuracy and transparency.
- Yearly insurance review and renewal.
- Internal auditing to ensure accuracy in all aspects of finance.
- Lodgement of Annual Report to the ACNC.



Finance Team

MAINTENANCE TEAM

The Maintenance Team, consisting of the Maintenance Coordinator and three (3) Maintenance Officers continue to play a significant role within the Finance team to respond to all maintenance requests and infrastructural needs for Bega Garbarringu Health Services.



Maintenance Team

INFORMATION COMMUNICATION & TECHNOLOGY

2021 saw a major update into the clinical practice management solutions which introduced new and updated functionality from Services Australia which provided improvements into the Australian Immunisation Register, Medicare functionality, Bowel Screening and SMS communications improvements.

Technology improvements included replacing an ageing telephone system and implementing an improved messages on hold service, to promote Bega's services. Improvements and upgrades commenced to Bega's electronic security systems and the remainder of our oldest computers were replaced.

In 2022, post Covid world, we identified the need for the organisation to streamline processes with internal

forms using electronic workflows to enable effective communication between staff.

The adoption of the widely used Microsoft Teams platform allows us to improved collaboration and communication with stakeholders and the clinical team had a big drive adopting telehealth phone and video facilities for our clientele and are looking to streamline the prescription process with e-prescribing in the near future.

With Bega's clinic working towards the Australian General Practice Accreditation Limited (AGPAL), we have implemented electronic displays within the clinic waiting room, promoting the valuable services, and supporting roles while providing additional clinical information and important notices.



ICT Team



NINDILA TRAINING CENTRE

The Nindila Training Centre relocated to 43 Boulder Road, at the beginning of 2022, offering students larger training facilities and amenities in a more modern environment.

Despite staffing challenges, Nindila has continued to provide support to their students, with minimal disruption to their training.

In the past year, the Nindila Training Centre has adapted to the COVID-19 environment by developing an online learning platform via Microsoft Teams for our students. This has been a great success, enabling students who are unable to attend the training centre to continue their theory training online and uninterrupted. We currently have students participating in training from Kalgoorlie, Esperance, and Laverton. Laptops have been supplied to enable the students to complete all online study requirements. The students have engaged well with this online format and are learning to navigate the online forum successfully.

We have been busy reviewing and updating student resources including Learner Guides, Assessments and other documentation relating to each unit, prior to its delivery. To be accessible to students and trainers online, each units' resources need to be developed into an online format.

We are currently preparing the students for the Clinical Placement activities, and they are looking forward to working in the clinical environment alongside our experienced Aboriginal Health Practitioners.

Nindila has completed the routine annual monitoring audit and remains compliant as an education provider, with the new Aboriginal and Torres Strait Islander Health Practice Board (ATSHPB). Nindila has successfully achieved the

new requirements set by the Aboriginal and Torres Strait Islander Health Practice Accreditation standards, as well as the Professional Capabilities for registered Aboriginal and Torres Strait Islander Health Practitioners. This was a great effort from the Nindila Team with audit preparation and outcome.

Nindila has continued to consult with industry in the review and proposed changes to the Aboriginal and Torres Strait Islander Health Worker Training package. This is an extremely complex matter and is a primary focus of Nindila staff who continue to advocate for the best outcome for current and upcoming students.

In April 2022, Nindila was invited by the National Aboriginal Community Controlled Health Organisation (NACCHO) to attend their headquarters in Canberra to network with a small, handpicked group of national stakeholders and develop the most appropriate Aboriginal and/or Torres Strait Islander Primary Healthcare training qualifications, which would address each State's health needs. This proved to be a successful workshop which culminated in the development of two Aboriginal Health Training Qualifications - Cert IV and Diploma in Aboriginal and/or Torres Strait Islander Primary Healthcare Practice. These qualifications have now been included in feedback in the training package review process.

Nindila used this opportunity to directly network with other Aboriginal Community Controlled Health Organisations (ACCHO) from across Australia, broadening our network nationally.

Nindila continually engages with Industry to keep informed of current Vocations Educations and Training needs, along with current Industry trends.

Over the past Year, Nindila has engaged with the following Industry and VET organisations:

- Aboriginal Health Council of Western Australia (AHCWA).
- Kimberly Aboriginal Medical Service (KAMS).
- Marr Mooditj Training.
- Wirraka Maya Health Service Aboriginal Corporation.
- Apunipima Cape York Council of South Australia (QLD).
- Aboriginal Health Council of South Australia (AHCSA).
- National Aboriginal Community Controlled Organisation (NACCHO).
- Community Skills WA.
- Sunrise Health - Katherine NT.
- NAATSIHWP - RTO Virtual Network.



Primary Health Services



Primary Health Services Team

CLINICAL SERVICES

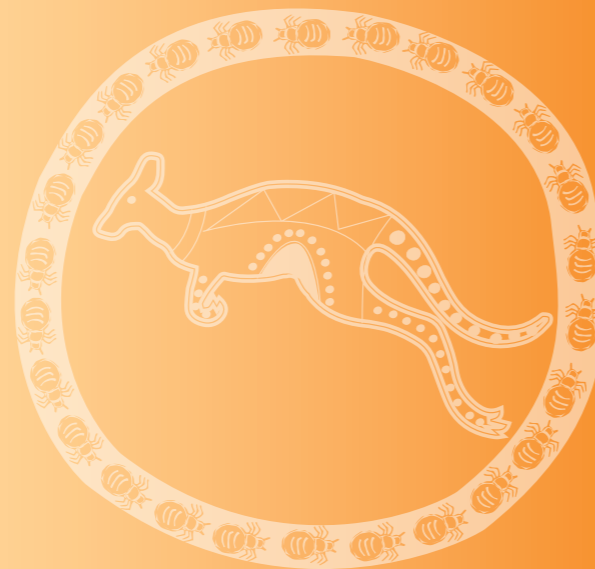
2021/22 was a demanding year for Bega Garnbirringu Health Services (Bega).

All the Clinic staff have worked tirelessly to ensure the safety of our clients while introducing the safe transition of COVID-19 service delivery.

We had to implement different measures and service delivery methods of healthcare; however, we continued our services to a high standard ensuring that no client was left behind.

Every year we actively strive for excellence towards quality improvement, professional and culturally appropriate holistic Primary Health Care Service, servicing the Indigenous population of the Goldfields.

In the provision of quality health care, Bega is accredited by the Australian General Practice Accreditation Limited (AGPAL). Accreditation - 5th Edition



MANAGER PRIMARY HEALTH REPORT



ROBERT BELL
Manager Primary Health

2021/22 has seen a model of service delivery change significantly from what has been experienced before in any health care setting. With any change there is obviously a certain amount of resistance and hesitancy to the change from community, clients, and staff alike.

The initial resistance was minimal, and this was due to staff within the Clinic explaining and communicating the importance of the measures being put in place to the community and clients.

The changes were made to keep everyone safe and limit the impact of COVID-19 spreading and this was achieved.

STAFFING

During this past year we have seen long-term staff members leave Bega for a number of reasons.

Dr Yin Su (4 ½ years of service) and Dr Sandi (7 ½ years of service) are two staff members who are missed in the Clinic by both fellow staff and clients.

Sourcing replacements to fill these vacant positions is something that is proving to be difficult in the current climate and something that Bega is working hard to achieve through the intensive advertising and recruitment campaign.

With any staff leaving there is always an opportunity for new staff to be employed and welcomed into the Bega family.

There are too many amazing staff within the clinic that need a special mention but without everyone and their hard work and continued effort, clinical services at Bega could not function at the level that it currently does.

RENOVATIONS

This year has seen the commencement of the major clinic renovations, which have seen a fresh new look at the Bega Clinic.

The stages of renovations have been done to minimise the disruption to services provided and this has worked well.

One of the biggest areas currently under renovations is the Specialists area where we are going to have a new dental room and specialist waiting area.

We thank all Bega clients for their understanding and patience during this time as well as staff within the clinic who have continued to work tirelessly during the renovations.

The renovations are due for completion in the next six months.



CLINIC COORDINATOR REPORT



JOSH FARMER
Clinic Coordinator

The 2021/22 year saw the reality of the COVID-19 pandemic move closer to home.

As case numbers in our Goldfields region increased, Bega's Clinical Services Team were forced to adapt our service delivery

methods to meet the demands of the continuously changing environment.

During this difficult year, our team reintroduced numerous workflow innovations developed over the past two years with the response to the growing COVID-19 situation and was able to continue to provide high-quality clinical services to our clients within the Goldfields region.

2021/22 WORKFLOW ADAPTATIONS

There were multiple key considerations within all changes to the day-to-day operations of the Clinic.

Some of these included:

- Bega staff safety, including all reception and transport team members
- Client safety, comfort and confidentiality
- Overall minimal disruptions to client service delivery

2WAY RADIO COMMUNICATIONS

At the start of the 2022 year, the Clinical Services team purchased multiple handheld 2way radios. These radios became a fundamental component in our internal communication method and dramatically improved patient flow.

The new handheld radios were able to link in with the current radio communications between our reception staff and transport drivers.

TRIAGE NURSE

Each day a Nurse / Aboriginal Health Practitioner was assigned to the triage desk out the front of the clinic.

Their main responsibility was to assess each client for any

respiratory symptoms, travel history and to ensure that each client followed the sign in requirements as set out by the SafeWA recommendations.

Once a basic health screening was completed, the triage staff member aimed to direct clients for a phone consultation or use clinical screening to determine the need for a face-to-face consult.

RAT TESTING

Each of the nursing and AHP staff members were trained in completing Rapid Antigen Testing (RAT) for COVID -19 for each client that were required to enter the Bega clinic for a face-to-face consult.

Staff performing the RAT testing were supplied with PPE to ensure staff safety and maintain infection control protocols.

DISPENSARY SERVICES

The 2021/22 year saw telehealth consultations become the primary method of service delivery for our clients.

As a result of these telehealth consults, there was an increase in demands for our internal dispensary service.

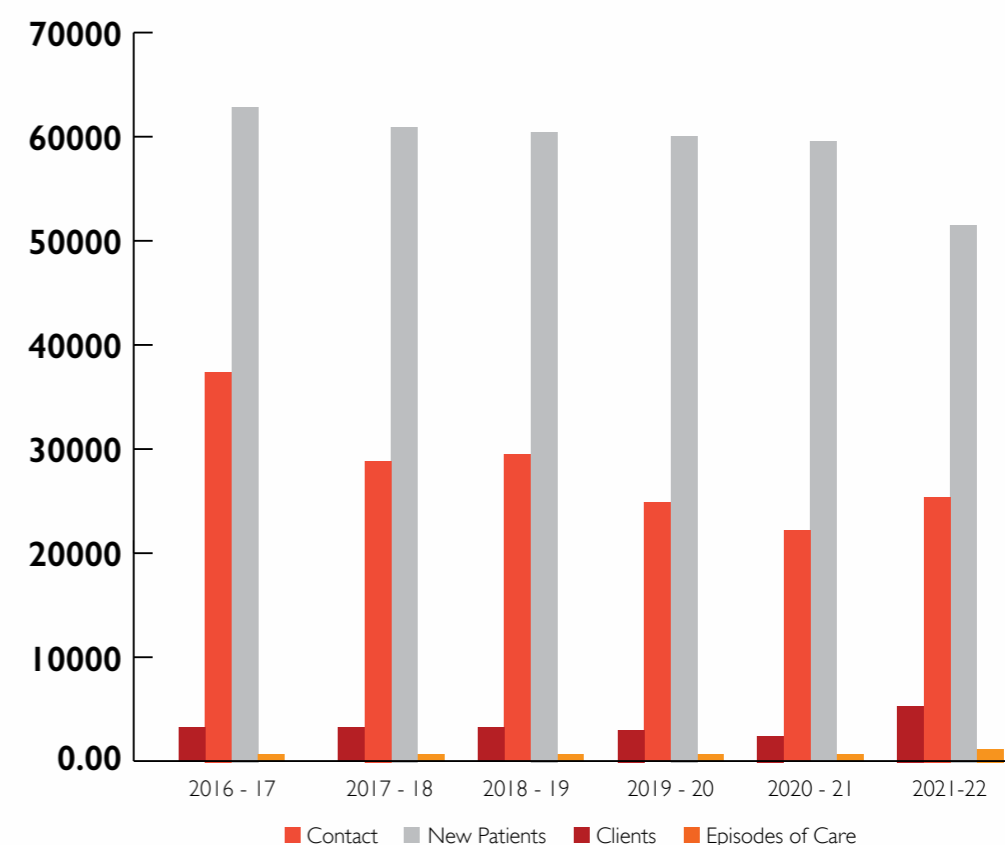
Along with our partners at Wizard Pharmacy, the Bega dispensary services collaborated with our reception team and transport officers to ensure medication and webster packs were delivered to Bega clients in self isolation.



ACTIVITY

Activity for Bega is measured in terms of the provision of episodes of care.

	2016-17	2017-18	2018-19	2019-20	2020-21	2021-22
Clients	4348	4262	4086	3839	3111	4896
Episodes of Care	36092	28090	29295	24054	22244	24891
Contacts	63759	60902	60600	60046	59455	52685
New Patients	636	571	581	473	435	1312



NOTE: CHANGES IN EPISODES OF CARE FOR 2016-17

New criteria and data recording changes introduced in 2016-17 affect the count of episodes of care for 2017-18 onward, making data not comparable with previous years.

Changes were made to the types of contacts that were recorded as an episode of care that year, with hospital-related contacts and telephone contacts excluded.

There were also changes with some clinical information systems in how episodes of care were defined and recorded. Together these led to lower numbers of episodes of care recorded in 2017-18 onwards.

CLINICAL SERVICES STAFF

Bega employs Aboriginal Health Workers / Practitioners as the first point of contact and assessment for clients. This enables lower waiting times and quicker consults with the doctor for noncomplex cases.

Most of our Aboriginal Health Practitioners (AHP) assess clients under a Level 4 Supervision established by the Aboriginal and Torres Strait Islander Health Practice Board of Australia guidelines. Bega also employs Enrolled Nurses (EN) and Registered Nurses (RN).



Clinic Nurses & AHP's

NEW INNOVATIONS

RENOVATIONS

Bega engaged A-Corp Commercial Construction to undertake the Clinical renovations. While it was time for Clinical Services to see a much-needed update, we are still working around delivering our services.

Bega implemented a renovation team to ensure that we could help this process run smoothly. The team had the challenge of working on the renovations within the day-to-day clinic operations. The renovations were split into a six-stage process, we have seen stage one and two completed, however, due to unforeseen circumstances we are still in the process of completed stages three and four.

The anticipated completion date for the renovations is September 2022.

COVID-19 CARE PACKS

Bega's Clinical Services Team implemented the COVID-19 Care Packs for any client who had tested positive for COVID-19.

The care packs included medical advice for COVID-19, cleaning products, masks, and essential medical supplies for our clients.

The Clinic Team partnered with our Social Support Team where we implemented a service to deliver hot foods and essential food requirements to our COVID positive clients.

We also worked closely with other service providers to ensure that clients were looked after and had somewhere safe to isolate. We managed to get the care packs out to Kambalda & Coolgardie as well as within the Kalgoorlie-Boulder region.

WORKFLOW INNOVATIONS

With the continuing changing environment, Bega implemented the following changes to our workflow:

- **Phone Consultations:** The client calls or presents to the clinic and they are offered the possibility of phone consultations with a doctor. Bega has also implemented a FreeCall line for clients to get in contact with our team. Medications that are required from the telehealth consultation are delivered to the client's home.
- **Health Direct:** Video conferencing is available to patients and advertised both by SMS and on the Bega website. While the initial uptake of the service was slow, numbers are steadily increasing.



Reception Team



Doctors

ADAPTING TO SERVICE DELIVERY IN A CHANGING PANDEMIC ENVIRONMENT

2021/22 saw Western Australia's peak in COVID-19 infections and a spike within the Goldfields region. Bega implemented several changes to services so there was no compromise to safety of staff and clients.

- Bega implemented a triage desk out the front of the clinic, the aim of this was to stop the flow of clients while COVID-19 transmissions were high.
- All clients presenting to the clinic were offered a telephone consult as a first point of contact with the doctors. Clients who did not have a phone were still offered consults with the doctor.
- Any client coming through the clinic to see a health professional were required to complete a RAT test which must be negative prior to entering the clinic. RAT testing was completed in the isolation rooms where there was external access. Staff who completed the RAT testing were, required to be wearing full PPE.
- The COVID-19 pandemic highlighted the need for better methods of communication throughout the clinic. Bega implemented CB radios throughout the clinic, so communication was clear, and the flow of the clinic was not interrupted.
- Initial supplies of PPE and RAT tests proved challenging at first, however, Bega managed to source and secure sufficient supplies to ensure that the clinic can cope with current future demands.
- Bega staff have been responsive to a rapidly evolving situation which required amendments to service delivery models and workforce composition.

CLIENT TRANSPORT SERVICES

Bega continues to assist in the provision of access to the clinic by providing transport for clients across the Kalgoorlie-Boulder community.

During the COVID-19 pandemic this service was limited as we could not ensure the safety of the drivers or patients during this period. Modifications and criteria were implemented for clients to be able to use this service. While we had slowed down and stopped a lot of transport, we deployed transport officers into the delivery of our COVID care packs and medications for clients who were currently isolating.

The transport service saw 6865 clients utilise the service and 25987km travelled to further close the gap to enable better attendance in the clinic.

With the modifications to the service due to COVID-19, we saw numbers lower than previous years, however, we are confident with the return to usual transport models that we will see an increase in the use of this service.



TRAINING

It is critical that we continue providing training services for all Bega staff to enable our services to continue providing state of the art care to all clientele. The training that is provided to all staff varies from Clinical Education to Administration training. Bega will always enable staff to attend training where necessary.

Bega implemented an AMSED training platform to enable staff to continue their education and meet their legal requirements for their Continued Education Development for the Australian Health Practitioner Regulation Agency (AHPRA).

MEDICAL STUDENTS

Bega works closely with the Rural Clinical School of Western Australia, supporting students from year 3 to completion of their medical degrees. Students are from the University of Western Australia and Notre Dame University in Perth. They attend a four-week placement in Kalgoorlie, with one week at Bega to further their experience in Aboriginal Health.

Bega also extends its coverage of students to nursing students from both Murdoch University for Registered Nurse Training and Central Regional TAFE for Enrolled Nurse Training.

The Clinic welcomes the students from our Nindila Training Centre, providing clinical placement support for the Aboriginal Health Practitioner Cert IV qualification.



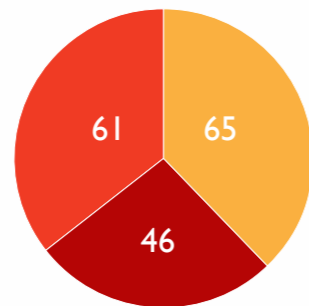
IMMUNISATIONS

The staff in our Maternal Child Health Team have actively completed additional immunisation competencies to provide the best quality service to the children in our community.

Childhood immunisations have been drastically affected by COVID-19 and its restrictions. We have seen a drop in childhood immunisation rates within our community over the last year. It is wonderful to see this now improve as restrictions have been ceased.

We have welcomed Tayla and Paige in upskilling their roles to also include Nurse Immunisers.

PI04 - CHILD IMMUNISATIONS



- 12 - <24 MONTHS
- 24 - <36 MONTHS
- 60 - <70 MONTHS

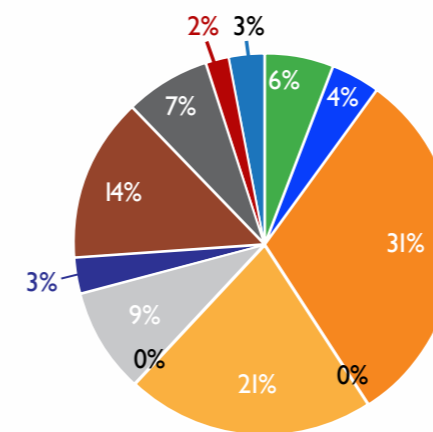
SPECIALIST CLINICS

Bega Gambirringu Health Service offers a range of externally provided Health Professionals and Specialists. Our dedicated team in the Specialists Clinic strive to improve the rates of chronic health illnesses. We have medical professionals who travel to Kalgoorlie -Boulder to ensure the continuity of this service at Bega.

The Specialist Clinic include the following services:

- Dental Services
- Podiatry
- Physiotherapy
- Developmental Paediatrician
- Nephrologist
- Diabetes Education
- Obstetrician
- Ear Nose and Throat Specialist

SPECIALIST CLINIC



- AUDIOLOGIST
- OPHTHALMOLOGIST
- PODIATRIST
- DENTIST
- DIABETES EDUCATOR
- OBSTETRICIAN
- OPTOMETRIST
- PAEDIATRICIAN
- PHYSIOTHERAPIST
- NEPHROLOGIST
- ENT
- SPECIALIST PHYSICIAN

- Hearing Australia
- Specialist Physician – Diabetes

Throughout the 2021/22 year, we have temporarily paused the services due to renovations. The Specialist Clinic has seen over 2956 clients utilise the service. Although we had to adapt to many different service models, we are still seeing good attendance for these clinics.

Bega's visiting Optometrist travels up to 500km North of Kalgoorlie normally 4 times a year. Visits are also provided at the Bega Gambirringu Health Clinic.

Remote areas covered are:

- Laverton
- Mt Margaret
- Leonora
- Menzies
- Mulga Queen
- Cosmo Newberry



The Optometrist checking clients' eyes to see if they may need glasses.

COVID-19



DANIELLE GILL
COVID-19 Coordinator

With the introduction to COVID-19 in our community, our staff have been required to adapt to daily changing circumstances.

The impact of COVID-19 on Bega has been multifaceted and resulted in changes in

our service delivery models.

Working in a space where we are in contact with vulnerable people, there were strict measures that were put into place, including client and staff RAT testing.

Our clinic staff were deployed in a different model of care and in various different positions.

All staff adapted well and were able to continue to provide our service to our most vulnerable clients.

Changes were continually made throughout the clinic to align with the health advice from the Government and to ensure personnel and clientele safety was always maintained. The introduction of the RAT testing rooms

enabled us to provide a safe and effective way to continue to treat clients and identify those that tested positive for COVID-19 and start early treatment if required.

The rooms have two entry points to ensure the safety of clientele in the waiting room was not compromised.

The input from all staff, in regard to implementing different safety measures has been wonderful, with great results.

With the looming threat of COVID-19 in the community, a multidisciplinary approach was used to gather PPE and supplies for our COVID care packs and food packs.

It has been a wonderful effort by all involved and a testament to our staff that we have been able to implement this quite quickly as the volume of clients requiring assistance became overwhelming in a short period of time.

As the COVID-19 wave peaks and falls over the next few months, Bega staff will be there to assist any client that requires it.

I thank all staff across the board for the help they have given throughout the COVID-19 journey. With the uncertainty surrounding the future with COVID-19 and as this journey continues, I appreciate the support given from all involved.



COVID-19 Vaccination Team



Danielle creating the COVID-19 Care Packs.

MOBILE CLINIC SERVICES



LYN ANDRIGHETTO
Acting Mobile Clinic Coordinator

The 2021/22 Financial year saw the mobile clinic outreach program experience some incredible highlights, and despite numerous setbacks, the mobile clinic team were able to ride a wave of challenges to provide essential medical

services to rural and remote communities across the Goldfields.

Towards the end of 2021, the mobile clinic team spent a lot of time networking and seeking community feedback on improvements to our outreach service. With these considerations taken on board, the start of 2022 saw our outreach service go from strength-to-strength. We experienced exceptional growth in client numbers particularly within Menzies, Mt Margaret, Norseman, and Esperance.

Arguably, the Mobile Clinic's greatest achievement in the past 12 months has been the growth of our Clontarf and STARS Academy outreach program, with the mobile clinic providing annual 715 health assessments to our high school aged youth in both the Kalgoorlie-Boulder and Esperance.

The widespread transmission of COVID-19 throughout the Goldfields provided a significant interruption for service delivery of our outreach program. In alignment with the Government guidelines we suspended Mobile Clinic Outreach trips for the first quarter of 2022.

With the outreach services "Put on Ice" Our staff took the opportunity to consider our workflow adaptations to ensure we can reintroduce our clinical services in line with covid safe protocols, with a primary focus on staff and client safety with minimal disruptions.

Within the 2021/22 financial year, the Mobile Clinic has performed the following activities:

- 135 health assessments with more trips scheduled for the rest of the year.
- 892 Episodes of Care were provided from the Mobile Clinic in 2021/22.

- 5 Trips to the Northern Goldfields.
- Visiting Optometrist 4 times to the Northern Goldfields.
- 8 Trips to the Southern Goldfields.
- 3 Sobering Up Shelter Visits for General Screening.

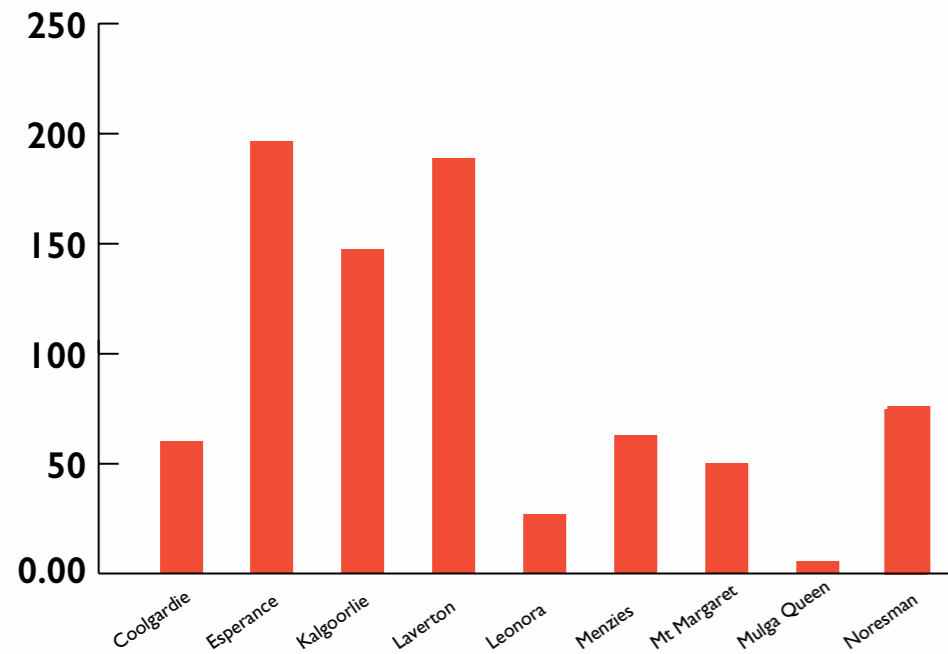
Despite a reduced number of trips this year, the mobile clinic team have received some terrific feedback demonstrating great support for the outreach service. With the conclusion of 2021/22 year the Mobile Clinic identified several opportunities to further expand our service capabilities.

We look forward to revisiting the following ideas as we plan our goals for the next 12 months: Identified growth opportunities include

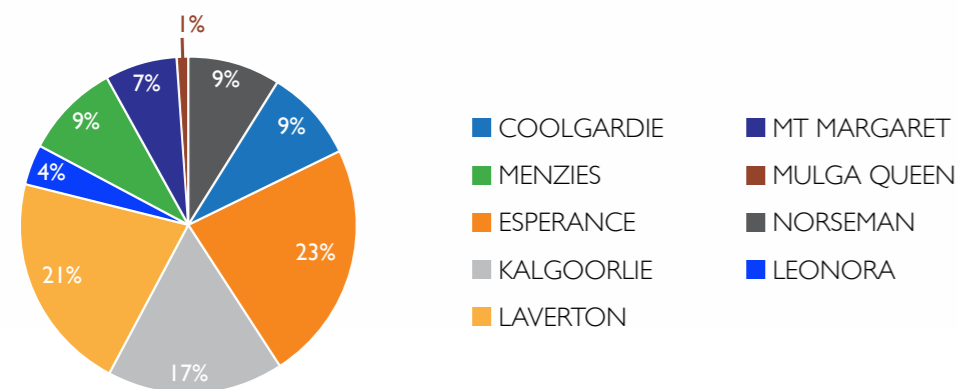
- Increasing the accessibility of immunisations to communities, particularly in Norseman, Mt Margaret, and Laverton as highlighted by the success of COVID-19 and influenza vaccination services.
- Increased focus on culturally appropriate women's health (for example, cervical screening) especially in our Northern outreach trips.
- General screening of Mt Margaret Primary School students focusing on ear health.
- An extra day added to our Esperance outreach as the demands for our services has expanded in recent times.
- Ongoing recruitment efforts to increase our mobile clinic workforce, with the departure of multiple staff.



EPISODES OF CARE - MOBILE CLINIC 2021/22



EPISODES OF CARE



The Mobile Clinic Team in Menzies providing clients with GP appointments and COVID-19 and Influenza Vaccinations.

Lyn and Maria completing general screening on clients at the Sobering Up Shelter.

Prior to COVID-19 transmissions throughout the Goldfields, the Mobile Clinic was going from strength-to-strength. We were experiencing exceptional growth throughout the North and South outreach trips, especially in Menzies, Mt Margaret, and Esperance. Our reliable GP and COVID-19 vaccination services played a large part in our success. Despite increasing reliance on locum GPs, our service delivery remained uninterrupted due to a small team of nurses who enjoy what they do and are continuing to foster professional relationships amongst the communities we visit.

One of the Mobile Clinic's greatest achievements in the last 12 months has been the growth of their Clontarf and STARS Academy outreach program.

715 health assessments have been regularly completed at Clontarf Esperance and STARS Academy Kalgoorlie and Esperance.

This financial year the Mobile Clinic have completed 135 health assessments with more trips scheduled for the rest of the year.

These newer contracts are a tremendous win for the Mobile Clinic.

At the conclusion of 2021, the Mobile Clinic identified several opportunities to further expand our service capabilities.

Our Coordinator at the time had begun networking and seeking feedback from our communities.

We eagerly look forward to revisiting the following ideas within the next 12 months:

- General screening of Mt Margaret Primary School students focusing on ear health. Achievable with a second day spent at Mt Margaret in addition to our regular GP clinic.

- An extra day added to our Esperance outreach as demand for our services exceeded in time, we had available.
- Increasing the accessibility of immunisations to communities, particularly in Norseman, Mt Margaret, and Laverton. The success of COVID-19 and influenza vaccination services demonstrate an obvious need.
- Increased focus on women's health (for example, cervical screening) especially in our Northern outreach trips that is culturally appropriate.

Our service delivery capacity was limited due to unavailability of doctors in the Clinic. Feedback received from our clients demonstrates overwhelming support for Mobile Clinic's outreach trips.

We as a team acknowledge the recruitment efforts by the organisation.



Mobile Clinic Team

MATERNAL CHILD HEALTH



JANELLE DILLON
Midwife

The last year has been a challenge for Maternal Child Health as we adapted to the changes brought on by COVID-19 in our community.

Thankfully, we continue with the majority of services in the clinic in a modified fashion, thus,

continuing the care, we provide on a day-to-day basis to the pregnant women and their families within our community.

Included in our team is:

- Janelle Dillon - Endorsed Midwife, Diabetes Educator & Immunisation Coordinator
- Rita Pensio - Maternal Support Worker
- Kimberley Sartori - Enrolled Nurse & Rheumatic Heart Disease Facilitator & School Programs
- Tayla Wells - Enrolled Nurse & Nurse Immuniser
- Dr Joanna Keen - Visiting General Practitioner Obstetrician & Gynaecology (Visits Bega every Wednesday)
- Danielle Gill - Currently Seconded to COVID-19 Coordinator



Maternal Health Team

We have also welcomed and supported external providers into the area to deliver services such as Ear, Nose & Throat (ENT) Clinic, provided by Dr George Simms, and Developmental Paediatrician, provided by Dr Amanda Wilkins. They attend our clinic every three months while in the region.

Our team has welcomed 95 babies into the world during this past year. Through the COVID-19 pandemic we continued to provide antenatal care and postnatal care for mums and bubs through a modified program of phone calls, home visits and one on one face-to-face contacts, as necessary.

The pandemic has not stopped us from providing the care that our women deserve but has led us to adapt how we deliver it.

Not only do we provide a service in Kalgoorlie-Boulder, but we also take our team North.

We provide antenatal and postnatal care to the Northern Goldfields, including Menzies, Leonora, Mt Margaret, and Laverton on a monthly basis.

This program includes, promoting positive parenting and mental health and wellbeing through the provision of craft mornings.

Rita continues to provide the necessary transport enabling women to attend appointments within Kalgoorlie-Boulder for antenatal care. She is the driving force which allows us to function and operate. Her role consists of making up baby bags, GTT packs, ordering of balloons and lollipops and many, many more duties.



Social Support Unit



SSU Team



SSU Manager & Administration Assistant

SOCIAL SUPPORT UNIT (SSU)



DENA RUNDLE
Manager SSU

During the 2021/22 reporting period the Social Support Unit have continued to maintain a high standard service of delivery in all program areas.

Social Support continues to commit to delivering a culturally appropriate

service in a sensitive manner to all culturally and linguistically diverse (CALD) clients.

The Social Support Unit maintain strong relationships with external service providers ensuring that a quality of service is being delivered to the Aboriginal and Torres Strait Islander (ATSI) communities of the Goldfields. These relationships have been an integral part of promoting Bega as a central information centre for better ways of working with the ATSI community.

We continue to build relationships with Government and Non-Government agencies who invite Bega to participate in the future planning of events and co-design programs

including strategies on a regular basis to encourage ATSI participation.

All program areas work together to deliver a quality of service to the ATSI communities across the Goldfields region. This is done in a culturally sensitive and safe environment with the Social Support staff who understand and acknowledge both our CALD and ATSI issues and barriers across the Goldfields.

The Social Support Unit include the following programs:

- Social & Emotional Wellbeing
- NDIS
- Homelessness Outreach
- Community Safety & Wellbeing
- Health Promotions
- Connected Beginnings
- Suicide Preventions
- Tackling Indigenous Smoking
- Youth Support
- Environmental Health
- Sobering Up Shelter



SOCIAL & EMOTIONAL WELLBEING



BERNI POMONE
SEWB Coordinator

The Social Emotional & Wellbeing (SEWB) Team consists of a Registered Psychologist (SEWB Coordinator), two Counsellors (One male and one female) and a part-time Administration Assistant.

SEWB provide face-to-face, telephone, telehealth, other online mode and outreach counselling services.

We offer a free service for Aboriginal and Torres Strait Islander (ATSI) people and their families dealing with the impacts of social and emotional wellbeing.

This includes:

- Depression, sadness & anxiety
- Grief & loss
- Stolen generation, intergenerational trauma, and redress

- Family & relationship difficulties
- Alcohol & other drug issues
- Suicide prevention

2021/22 has seen the development of an SEWB Schools Program with the Counsellors delivering psychoeducational presentations to 15 schools around the Goldfields both locally and on outreach.

There has also been collaboration with both the Kalgoorlie PCYC and YMCA providing psychoeducational support to their after-school programs.

This year has seen fluctuations in referral numbers, with a decrease in General Practitioner (GP) referrals due to the changes to clinical operations. However, we have experienced an increase in client self-referrals during this time. SEWB have continued to see clients face-to-face with mandatory COVID-19 testing and COVID-19 safety protocols around hygiene and social distancing.

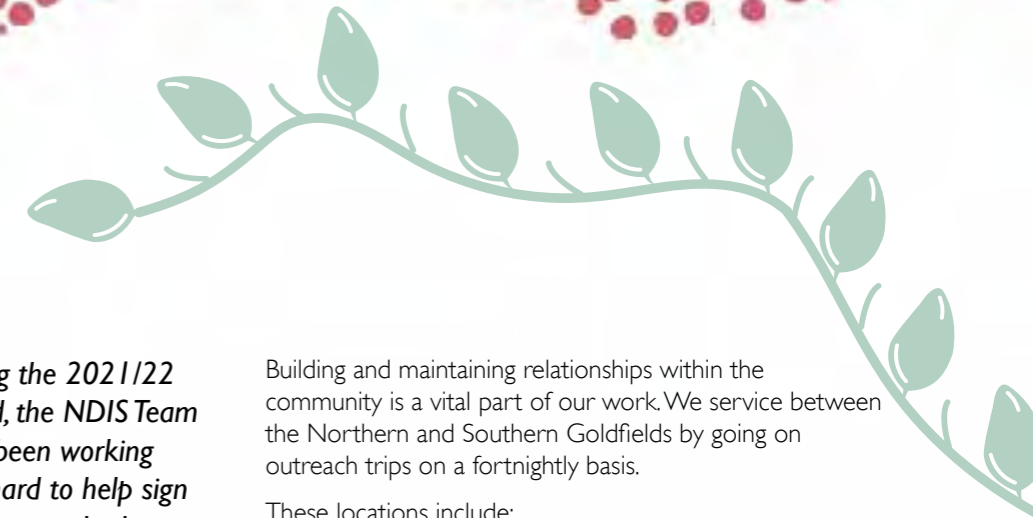
Clients who usually rely on the Clinic Transport to attend appointments have had to change to an alternate service mode or have elected to restart their sessions when transport had resumed.



SEWB Team



NDIS



KAYLA RYAN
NDIS Coordinator

During the 2021/22 period, the NDIS Team have been working very hard to help sign up anyone who has a disability to the scheme, to better their quality of life.

Our aim is to have our participants who are living with a disability, to live as independently as they can through engaging, informing and assisting people throughout the Goldfields.

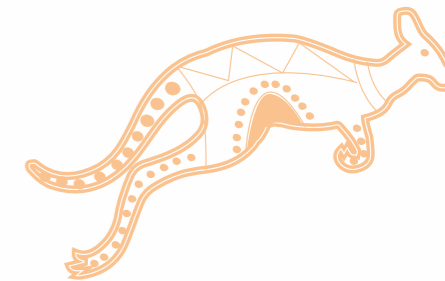
independently as they can through engaging, informing and assisting people throughout the Goldfields.

We help by ensuring the pathway process is easier and by providing information available through the National Disability Insurance Scheme (NDIS).

Building and maintaining relationships within the community is a vital part of our work. We service between the Northern and Southern Goldfields by going on outreach trips on a fortnightly basis.

These locations include:

- Kalgoorlie-Boulder
- Coolgardie
- Kambalda
- Norseman
- Esperance
- Menzies
- Laverton
- Leonora
- Mount Margaret Mission



NDIS Team

We have a nonverbal participant with an acquired brain injury and cerebral palsy who has lived with his family his whole life and with no assistance for 23 years.

Just as the family were at breaking point and desperate for help, they came to Bega Garnbirringu Health Service seeking assistance.

It took many months chasing up diagnoses, medical reports and supporting documentation but it was worth it in the end.

The family now have respite and our amazing participant now lives independently in a shared NDIS home with 24/7 care funded by NDIS. He is healthy and happier than ever, and his family are grateful for our help.

A video is being created about this participant and his family's story, and how Bega and NDIS has helped better his quality of life.

You can find the video on Bega's YouTube channel <https://youtu.be/kbb7uQJwGQc>.



Remote Community Connector's, Rex and Maureeka preparing a BBQ with a local Police Officer.



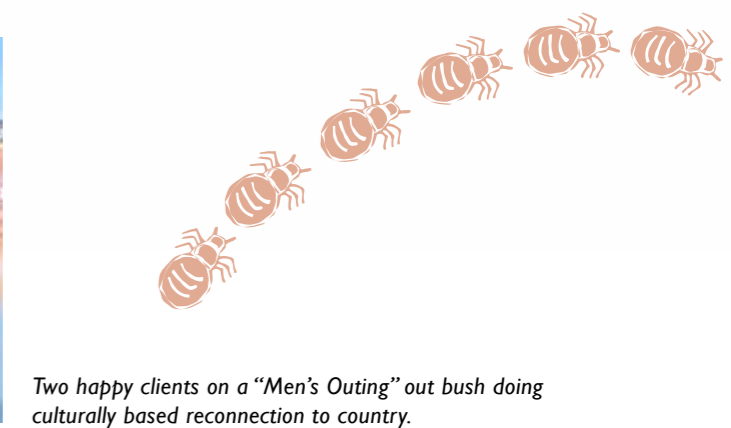
The NDIS Team visiting participants to build stable relationships to give them a sense of security within the community. Also, completing welfare checks to see how participants are developing and progressing as well as liaising with families of participants receiving positive feedback.



Rex preparing client for an appointment as a potential participant for the NDIS Plan.



Maureeka and Leonie liaising with local Aboriginal people in Laverton talking about the NDIS Service.



Two happy clients on a "Men's Outing" out bush doing culturally based reconnection to country.

HOMELESSNESS OUTREACH TEAM



ERICA CASSIDY
Homelessness Coordinator

The Homelessness Outreach Team consists of two Rough Sleeper Outreach Workers (RSOW), one Aboriginal Homeless and Fringe Dweller Support Worker (AHFDSS), as well as the Homelessness Coordinator.

The Homelessness Team work together to mitigate homelessness for the Aboriginal and Torres Strait Islander (ATSI) community of Kalgoorlie-Boulder.

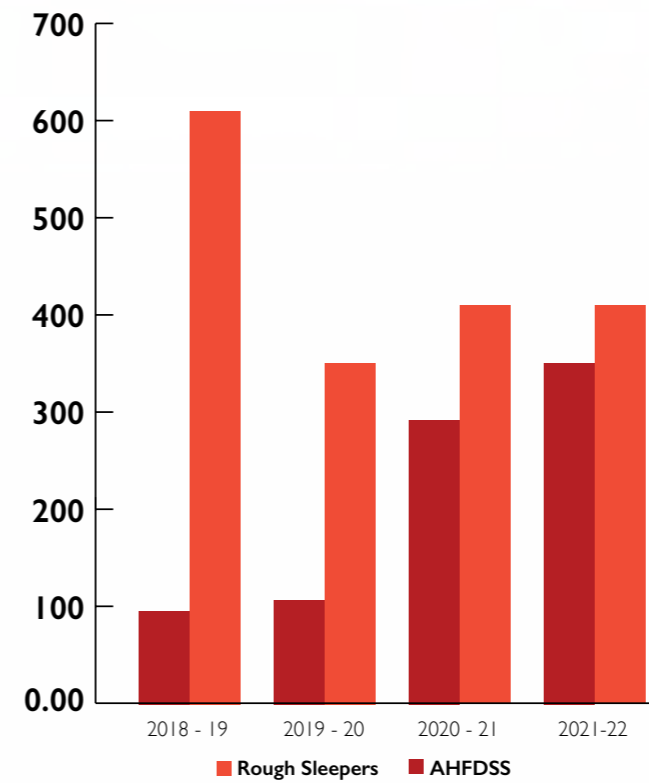
We work intensively with those who are homeless and sleeping rough to obtain an alternative means of accommodation, obtain housing, or return to their community.

Breakfast is provided on an outreach basis around Kalgoorlie-Boulder on weekday mornings and regular outreach is also done to support clients in the form of referrals, advocacy, and case management.



Homelessness Outreach Team

HOMELESSNESS OUTREACH TEAM CLIENTS



THIS YEAR OUR TEAM HAS WORKED WITH OVER 500 CLIENTS.

TIPS FOR SAFE DRINKING

- have a good meal before drinking
- pace yourself - drink slowly, have gaps
- count your drinks (no more than 4 in 1 day)
- have water between alcoholic drinks
- have days of NO drinking

Bega Garnbirringu Health Service
have a yarn to Bega for more info

WHERE CAN I FIND HELP?

- Bega - 9022 5500
- Alcohol & Drug Support Line - 1800 198 024

Bega Garnbirringu Health Service
have a yarn to Bega for more info

INSTEAD OF DRINKING I CAN:

- go for a walk
- do some art or craft
- have a yarn
- listen to music
- eat something good

Bega Garnbirringu Health Service
have a yarn to Bega for more info

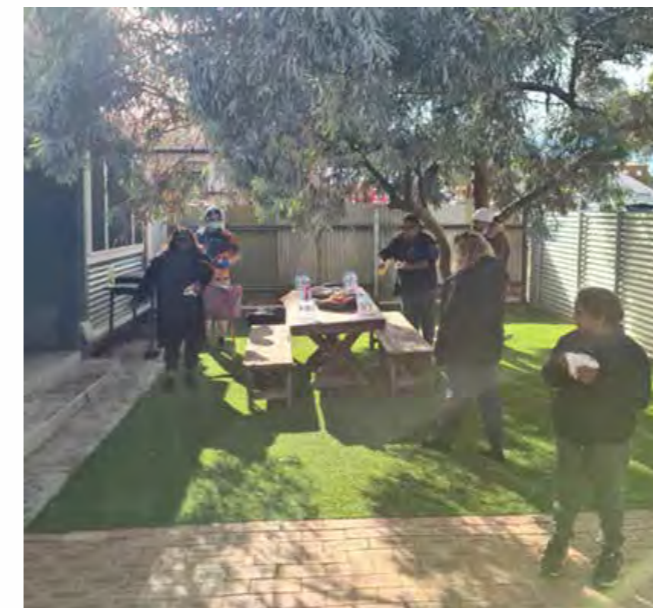
HOW MUCH CAN I DRINK?



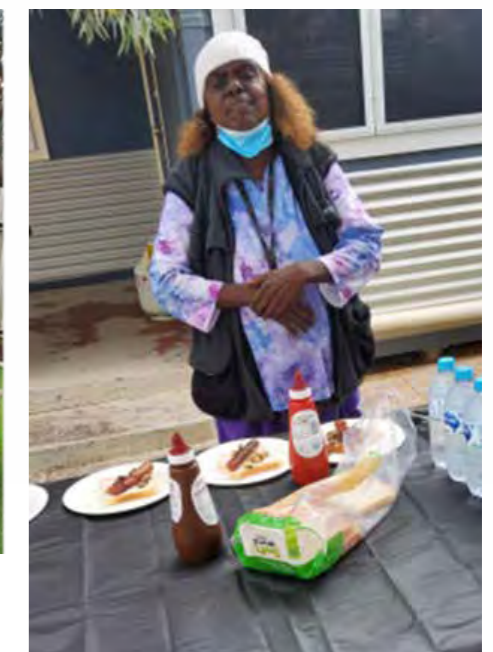
Bega Garnbirringu Health Service
have a yarn to Bega for more info



Our team preparing and delivering breakfast to our clients out in Boulder Camp.



Happy clients attending our SSU Weekly BBQ's.



COMMUNITY SAFETY & WELLBEING



ANA KING
Health Programs Coordinator

The Community Safety & Wellbeing (CSWB) Team have been actively engaged in the community despite COVID-19 restrictions.

Where possible, we were running groups until the restrictions increased. Due to restrictions, we then looked at ways that

we could assist behind the scenes to increase clients support with limited disruptions until the restrictions eased again.

Our team heavily supported Bega through COVID-19 by:

- Contacting clients for welfare checks.
- Preparing nutritious meal packages.
- Creating wellness activity packs for clients and their families.
- Delivering parcels to families who were isolating due to COVID.

The CSWB Team conducted group activities and collaborated with other teams within Bega to support the wider Goldfields community.

These teams included:

- Health Programs.
- Tackling Indigenous Smoking & Youth.
- Social Emotional & Wellbeing.
- Homelessness Outreach.
- Sobering Up Shelter.

At each engagement activity we provide health and/or alcohol and drug use education along with different activities to help support each client with their wellbeing.

As a collective Bega Team we ran programs for:

- Rehabilitation.
- Renal Hostel.
- Short Stay.
- Social Support BBQ's.
- Sobering Up Shelter Breakfasts.
- Stars Foundation & Goldfields Football Academy (GFA).
- Grief.
- Loss Mornings.



CSWB Team



Our Social Support Team preparing to deliver meals to our clients in isolation.



WOMEN'S WELLNESS WEDNESDAYS

This program runs fortnightly in Bega's Healthy Lifestyle Centre on Wednesday's during the school term.

We invite external speakers or facilitate health education sessions with the women who are attending.

We have yarning sessions to learn what support is needed, along with how we can assist them and help build their confidence and self-esteem.

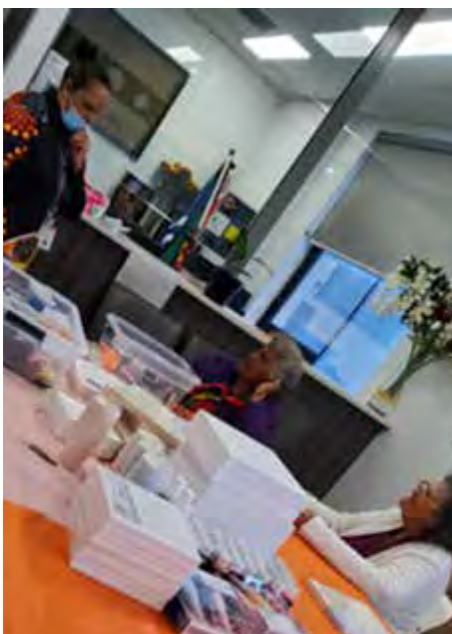
We provide a wide range of activities including:

- Cooking – for budget friendly meals.
- Cultural painting.
- Home art.
- Gardening.

The list is endless and these are a few that we enjoy, supporting our women in learning.

The women feel so empowered when they can create something that can be displayed in their homes.





Our CSWB Team visited the Ngunngaku Women's Hub in Leonora to host a Women's Group session.

THE MEN'S GROUP

This is a large group of men that we have been able to take back to country, encompassing a few different locations within the Goldfields Region.

We have been supporting the men by:

- Building strong relationships.
- Engaging in activities suited to their capabilities.

- Yarning together on all levels and walks of life.
- Cooking.
- Providing opportunities to share different health topics without prejudice to the group who centre most topics around social & emotional wellbeing.
- Gather on country to feel accepted and find a healthier way to enjoy one another in a healthy and acceptable environment.





During these outreach trips, the groups of men have discussions about how a man's mental health can affect a person's life both physically and mentally.

Our Community Liaison Officer talks to the groups about how having a healthy lifestyle decreases the chances of developing mental health issues.

ABORIGINAL MOTHERS PLAYGROUP

The CSWB Team partnered with Anglicare Parenting WA to support a fortnightly Aboriginal Mothers Playgroup.

We provide education in a wide range of health topics where we help co-facilitate activities that help support the women with their social & emotional wellbeing of life.

STARS FOUNDATION AND GOLDFIELDS FOOTBALL ACADEMY

Fortnightly sessions with this group have been in support of the Tackling Indigenous Smoking (TIS) Team and the Youth Team by providing Alcohol and Drug, Smoking and Mental Health Educations to the students.

We focus on the health effects, harm minimisation, and educate our youth so they can make an educated and informed decision on how to improve their overall health and wellbeing when they get older.

STAFF TRAINING AND UPSKILLING

The CSWB Team were fortunate enough to attend four training courses this year.

- Aboriginal Mental Health First Aid.
- Family Domestic Violence.
- SafeTALK.
- ASIST (Applied Suicide Intervention Skills Training).

The training has provided staff with a greater understanding, increased knowledge of mental health illnesses, increased staff confidence and provided the appropriate skills to support clients and families dealing with mental health, suicide, or domestic violence issues.

SUICIDE PREVENTION



BYRON PICKETT
Community Liaison Officer

The Health Programs Coordinator has played an active part in the community within this role. With this in mind, we recently welcomed Byron Pickett to undertake the Community Liaison Officer (CLO) position in April 2022.

This role provides support to advocate for the following areas:

- Health promotion and education in Mental Health.
- Suicide Prevention with a strong emphasis on building capacity in each community by delivering training within the Goldfields Region.

We have also been a part of the "Postvention" group from key stakeholders in Kalgoorlie-Boulder; where we have been actively supporting families in the Goldfields who have been bereaved by suicide.

WE HAVE SUCCESSFULLY DELIVERED THE FOLLOWING TRAINING SESSIONS:

ABORIGINAL MENTAL HEALTH FIRST AID TRAINING (AMHFA)

Bega partnered with Danni Cameron from BlackBird Culture to deliver two Aboriginal Mental First Aid Training Courses in Kalgoorlie-Boulder.

The course provided mental health education around illnesses, treatments and first aid action.

Participants learnt how to recognise common mental health problems affecting people, how to provide initial support using a practical evidence-based action plan and how to respond and seek professional help when their families, friends and wider community are experiencing Mental Health issues.

The delivery of this course helped participants understand the nature of Mental Health in a First Aid capacity and

to acknowledge and support those who are affected in mental health.

POSITIVE FEEDBACK FROM THE AMHFA COURSE

The training was well received, and participants embraced and acknowledged the thought of knowing that we had an Aboriginal person facilitating the training sessions.

Positive feedback about the presenter was received, and some even wish the course was longer.

The presenter gave our team plenty of time to yarn to one another and allowed the participants to support one another around the areas that needed more clarity or information on.

Participants felt that this course is valued, and everyone is recommended to complete.

SAFETALK AND ASIST TRAINING

Bega had an opportunity to partner with Livingworks to deliver SafeTALK and ASIST training courses in Kalgoorlie-Boulder.

SafeTALK focuses on suicide alertness. This was a half day training session where participants learnt how to recognise a person who may have an ongoing thought of suicide. This is where we connect them with resources and support where they can get help in healthy ways that allows them to choose how to live.

They also learnt how to apply the "TALK" steps:

Tell

Ask

Listen

Keep safe

They also learnt more about what support services are available in Kalgoorlie-Boulder.

ASIST was a two-day interactive training session in "Suicide First Aid." Participants learnt how to develop skills to recognise and intervene with someone who is at risk of suicide. They practiced different examples through different scenarios and were able to build their confidence and skills by learning the pathway for assisting life model and safety framework to keep a person with thoughts of suicide safe.

POSITIVE FEEDBACK FROM THE SAFETALK AND ASIST COURSES

The training was well received, all participants would recommend to others and agreed that after the training session they felt confident that they could help a person at-risk of suicide and would be able to do suicide intervention.

We have secured future training sessions in Esperance and Norseman in the hopes that this will raise awareness, reduce the stigma, and hopefully provide more support in the community to reduce the number of attempts and suicides occurring in the Goldfields.



Bega have also been able to facilitate regular mental health education sessions at STARS Foundation and Goldfields Football Academy (GFA).

We have been to Esperance and were able to do community consultation in small groups which was valuable.

INDIGENOUS ROUND – ALL STARS

Bega supported a Local Indigenous Community Representatives group who want to work towards Suicide Prevention for Indigenous people in the Goldfields region by hosting sporting activities within the community.

The West Australia Football League (WAFL) has shown their support to the project by partnering with Bega to

host the Indigenous Round All Stars games that played after the WAFL game on the 21st of May 2022 in Kalgoorlie-Boulder.

This was empowering to see the community come together to support these games and it was great to see players strengthening each other.

The Health Programs and Tackling Indigenous Smoking Teams were able to attend training sessions and provide mental health messages.

We catered and attended the Uniform Presentation and were able to host a stall at the event to promote Men's Mental Health and strengthen the message of Suicide Prevention for Indigenous Communities.



CONNECTED BEGINNINGS



KAYLA THERON
Health Promotions Officer

The Connected Beginnings program continue to run their unique program for another year, assisting and delivering prevention strategies aiming to improve the health and wellbeing of Aboriginal and Torres Strait Islander (ATSI)

children (0-5 years) with the collaboration of Wanslea Family Support Services.

Over the last 12 months, the Connected Beginnings Health Promotions Officer, has led a holistic prevention approach that aims to minimise harms related to alcohol use during pregnancy, related to Foetal Alcohol Spectrum Disorder (FASD) trends within the Goldfields region.

Presence and consistency within the community in all aspects of program delivery have been a forefront for the 2021/22 reporting period.

The Health Promotions Officer has maintained a strong partnership within the alcohol and other drug field such as:

- Sitting in on key advisory groups.
- Collaborating & supporting other internal & external programs.
- Established the "Beautiful Babies" working group to meet on a bimonthly basis.

This has been an opportunity for stakeholders to come together and develop strategies that help improve pregnancy outcomes and reduce harms related to alcohol and other drug misuse.

Other Successful Program Engagement Include:

CONNECTED BEGINNINGS SCHOOL HEALTH PROMOTION PROGRAM

Since early 2022, our Health Promotions Officer continues to deliver their evidence-based harm minimisation health promotion program, with a focus on alcohol awareness and education to year 5 and 6 students within the three Connected Beginnings catchment schools.

Fortnightly interactive workshops provide the opportunity for students to build capacity and make better informed choices that improve their overall health and wellbeing.

A key focus for the program has been:

- Defining what alcohol is.
- How to reduce alcohol related harms.
- Explore strategies that build stronger and resilient young people.

Connected Beginnings Health acknowledges that delivering a harm minimisation program on alcohol awareness and education is a strong evidence-based strategy that empowers children before they transition into adolescence.

During the school year, Connected Beginnings will continue to provide our youth more health promotion education. Including exploring health promotion messaging in the media, nutrition, social & emotional wellbeing, and hygiene.





COMMUNITY DEVELOPMENT

Connected Beginnings facilitated the first FASD Community Awareness event held on the 7th of September 2021, during International FASD Awareness Week.

The event raised awareness around Foetal Alcohol Spectrum Disorder and provided the opportunity for community consultation that explored barriers in which limit to having valuable conversations around alcohol use during pregnancy and accessing support services.

A stakeholder prevention session was also delivered by our collaborative partner, the WA Mental Health Commission, to set the continuation of strategies from agencies in FASD prevention.

The event will be a sustainable strategy to be held by Connected Beginnings and Bega every year in the month of September.

MATERNAL HEALTH PROMOTION

The Health Promotion Officer worked closely with Bega's Midwife in delivering health promoting antenatal sessions.

Each session aims to enhance healthy pregnancy outcomes by providing health education around maternal health factors (i.e., nutrition, smoking, exercise, mental health & wellbeing, and social & emotional wellbeing) and improving awareness of the child development milestones reach for both antenatal and postpartum mothers and their children.

Art therapy and cooking sessions have been used as a culturally safe and engaging method to start conversations. A large interest of these sessions to be delivered remotely in the Northern Goldfields while Bega's Midwife conducts her maternal health outreach visits.



Additionally, the publications and distribution of the Bega "My Healthy Pregnancy Guide" health literacy resource will be made available for all Bega clients and support networks mid-2022.

MILESTONE DEVELOPMENT

Bega's Health Promotions Officer has assisted in the delivery of the Ngurtju Ngayuki playgroup on a fortnightly basis at Population Health.

A strategy that encourages a child friendly environment where the review of early year milestones is delivered to encourage strong protective and developmental strategies that have an emphasis on providing parents learning opportunities through health promotion, building stronger parental connections and through play.

Takeaway activities and packs were provided for all families attending during the pandemic to ensure all children were still supported and flourishing in this space. All protective factors that inhibit contributors to FASD.

TACKLING INDIGENOUS SMOKING



VICTOR SMITH
TIS Coordinator

The Tackling Indigenous Smoking (TIS) program aims to improve the health of Aboriginal and Torres Strait Islander (ATSI) people by reducing tobacco use.

Our Tobacco Action Team provide a culturally appropriate

"No Smoking" program for ATSI people throughout the Goldfield's region.

This year we have engaged with more than 2000 participants through educational information sessions and community events.

Smoking cessation education programs have become part of the curriculum in five schools and academies, with regular visits to the Goldfields Football Academy, STARS Girls Academy, Boulder Primary School, East Kalgoorlie Primary School, and Coolgardie Primary School.

We also run a breakfast program at the Goldfields Football Academy.

Our team have also been running a successful "No Smoking" program with the Goldfields Rehabilitation Centre.

The program started as a six-week program, which then eventually grew into an ongoing program that is now running every week at our Healthy lifestyle Centre.

The participants in this program have volunteered and this has been successful with three of the participants quitting smoking and staying quit.

The team also go on outreach to the Northern Goldfields, attending events that are being held in the communities that we have been invited to.

While on outreach we have built successful relationships with the people and organisations in these areas and receive regular invites to attend their events and programs to spread the "No Smoking" message.

Unfortunately, with COVID-19 affecting Western Australia and the re-opening of our borders we have struggled to run our program in Esperance.

Our Northern Goldfields locations include:

- Menzies.
- Leonora.
- Laverton and the surrounding Aboriginal communities.

The TIS Team provide additional support by collaborating with other services within Bega.

These services include:

- Youth Team
- Community Engagement Team
- Suicide Prevention
- Community Safety & Wellbeing
- Health Promotions
- Homelessness Outreach Team
- Sobering Up Shelter



TIS & Youth Team

The TIS Team attended the yearly TIS workshop in Adelaide, joining the Victorian and Tasmanian TIS Teams.

These workshops give the TIS Teams from different regions the chance to come together to discuss and show each other all the work they are doing within their organisations.

The National TIS Coordinator also gives the teams updates on where the TIS programs started to where they are now.

There is a huge difference from where the program began to where it is now. The Indigenous smoking rates are decreasing more each year.

These TIS workshops benefit Bega by giving the local TIS Teams new ideas and new information to help us run a better program within our community.



On the 31st of May 2022, the TIS Team attended East Kalgoorlie Primary School to present our "World No Tobacco Day" event.

This event is a big day within the Tackling Indigenous Smoking Program, and we are glad we had the pleasure to spend this day with the students at East Kalgoorlie Primary School, educating them on the dangers of smoking and enjoying the day.



We travelled to Leonora to attend their basketball carnival to promote the "No Smoking" message.



YOUTH SUPPORT

The Youth Support Team have engaged immensely in the community over the last 12 months.

They have participated in educational information sessions, classroom support and community events.

The Team have retained relationships with key stakeholders in the community partnering for programs such as:

- STARS Foundation.
- Goldfields Football Academy.
- Pathways to Employment.
- NAIDOC Week.

The team regularly attend Youth Interagency meetings and work collaboratively with all youth services in the Goldfields region including:

- Government Departments.
- Not-for-profit Organisations.
- Community & Health Services.
- Aboriginal Accommodations.
- Sporting Clubs.

Youth Support provide additional support within Bega by collaborating with the following services:

- Tackling Indigenous Smoking.
- New Directions.
- Community Safety & Wellbeing.
- Connected Beginnings.
- Health Promotion.

The Youth team expanded their program delivery by setting up displays and having informal conversations at community events.

Many young people approach our stalls and receive information on youth services.

We have worked closely with Health Programs to provide a fortnightly Women's Group.

Clients were able to come to the Healthy Lifestyle centre for a day of arts & crafts, information sessions and lunch.

The team offered additional support to the mums by encouraging conversations through a yarning circle, in the hopes of building a rapport to develop trust in the program and Bega's Service.

The Youth Team work closely with the TIS Team on sessions and activities for the Goldfields Football Academy, STARS Foundation and local schools.

We provide education sessions on:

- Alcohol and other drugs.
- Employment.
- Building self-esteem & confidence.
- Family Conflict.
- Healthy Lifestyle Choices.

The team provide one-on-one mentoring to the students at Kalgoorlie-Boulder Community High School, T120 and Youth Justice and attempt multiple home visits.

BREAKFAST CLUBS

The team facilitate weekly education sessions and breakfast clubs with the Goldfields Football Academy and STARS Foundation. These breakfasts are usually held at our Healthy Lifestyle Centre and Kalgoorlie-Boulder Community High School.

MENZIES OUTREACH

The Youth Team and Community Safety & Wellbeing Team have travelled to Menzies Community School and organised a day of arts & crafts, sporting activities and a BBQ for the community to celebrate Harmony Day, as well as organised a Colour Fun Run and Water Sports Day.

The team organise, facilitate, and deliver their school holiday programs.

Due to the COVID Clinic being held in the Healthy Lifestyle Centre, they have an average of 25 youth attend the daily program.

The activities, whilst fun, provide an element of education and range from culture & connection, sports & recreation, and social & emotional wellbeing.

The Youth Team continue to upskill by attending various training sessions such as:

- Aboriginal Youth Mental Health First Aid.
- SafeTalk.
- ASIST Suicide Training.

The team have maintained a healthy online presence to connect with community members and promote the program by posting updates on Bega's Facebook page and engaging with the audience about upcoming programs and events.



ENVIRONMENTAL HEALTH



TROY HILL
EH Coordinator

The Environmental Health Team continue to engage with communities in a culturally appropriate manner, having many discussions with elders to provide information and health education to promote the visiting Vets from Murdoch

University to attend their communities.

Our team have conducted remote community visits throughout the Goldfields region where we have assisted external service providers.

Our remote community locations include:

- Laverton
- Wiluna
- Tjuntjunjarra
- Mount Margaret Mission.

The team have assisted external service providers with the following activities:

- Dog Health Program.
- Integrated Pest Management Strategy.
- Trachoma Eye Health Project.
- Environmental Health Internal Bathroom Assessments.
- Provide consistent supply of free soap to overcome the common barrier to good hygiene practices in Remote Communities.

We continue to work collaboratively with the following external stakeholders:

- Department of Health (EHD)
- Department of Communities
- Curtin University (PHAIWA)

- WACHS Goldfields Population Health
- Aboriginal Communities Housing Limited.

The team travel to the Northern Goldfields to visit 5 remote communities regularly and aim to look inside each home to identify and report any environmental health issues.

Our services include the completion of safe bathroom inspections to enable the Environmental Health Workers to identify and link any unsafe conditions that may contribute to sickness and disease factors inside the family home.

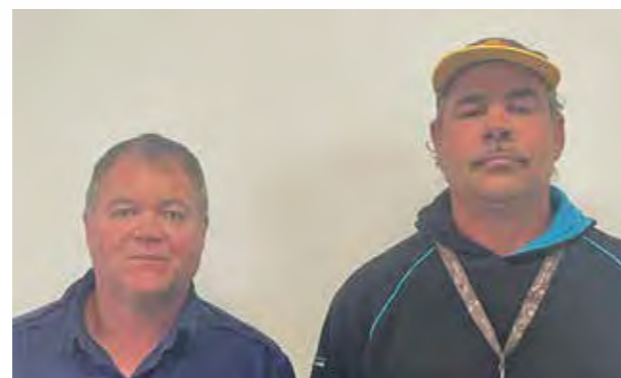
An Environmental Health Worker will only enter the property with full permission from the tenant.

During a home visit, the Environmental Health Workers may also:

- Fix and replace some minor plumbing hardware (taps, handles, shower head, etc)
- Unblock a kitchen sink.
- Check if the property has hot water.
- Report any blocked drains to the housing authority.
- Check items such as hot water units and septic tanks.

We also provide free soap, mirrors, and a SAFE promotional sticker (to every community house) to encourage children to wash their face.

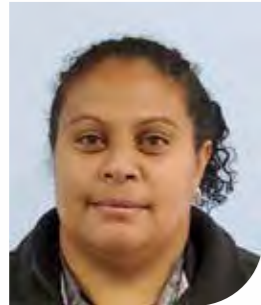
A standard mirror inside a home is usually placed too high for young children to see their face, so our Environmental Health Workers attach a small mirror in the bathroom low enough for the children.



Environmental Health Team



SOBERING UP SHELTER



CRYSTAL O'LOUGHLIN
SUS Coordinator

The Sobering Up Shelter (SUS) consists of four permanent Aboriginal and Torres Strait Islander (ATSI) Aboriginal Community Care Workers.

We have two females and two males with diverse cultural

backgrounds to ensure all clients are addressed in a culturally appropriate manner.

The Aboriginal Community Care Worker work shift hours are from 5:00pm to 12:00am and 12:00am to 7:00am rotating their shifts each week.

The Sobering Up Shelter continues to provide a safe, supervised overnight care facility for intoxicated clients.

Key service elements include, but are not limited to providing access to:

- Beds.
- Showers.
- Laundry Facilities.
- Meals.

The SUS service is non-medical and does not provide treatment or rehabilitation, however, when clients are discharged from the service they are provided with information and referred to a service within Bega that will assist with their needs.

During the 2021/22 reporting period the Shelter staff continued to put COVID-19 measures in place and had to restructure the program to adjust to Government restrictions.

The Aboriginal Community Care Workers were trained to actively educate clients on COVID-19 and how they can prevent the spread and what they need to do if they develop any symptoms.

Staff also ensured all clients were provided with masks and hand sanitisers.

The shelter continues to operate "Shower Days" every Monday, Wednesday, and Friday between 9:00am and 11:00am for males and females of all ages.

We also continue to provide fortnightly BBQ breakfasts for clients.

During the BBQ's, clients can also see a Bega Health Worker to check their blood pressure and any other pending health issues.



Sobering Up Shelter Team



Financials

Bega Garnbirringu Health Service Incorporated

ABN: 47 976 288 533

Members' Report 30 June 2022

The Board members present their report on Bega Garnbirringu Health Service Incorporated for the financial year ended 30 June 2022.

General information

Board members

The names of the members in office at any time during, or since the end of, the year are:

Names	Appointed/Resigned
Fabian Tucker - Chairperson	27 September 2012
Ted (Gary) Sambo	12 September 2011
Lorna Willis-Jones	16 October 2013
Barron Bonney	27 September 2012
Dennis Forrest	29 January 2014
Tamarin Tucker	27 October 2015
Pauline Bonney	7 October 2016
Ann Forrest	7 December 2017
Marelda Tucker	17 October 2018

Members have been in office since the start of the financial year to the date of this report unless otherwise stated.

Principal activities

The principal activity of the Association during the financial year was the provision of health care services for Aboriginal and Torres Strait Islander people.

Significant changes

No significant change in the nature of these activities occurred during the year.

Operating results and review of operations for the year

Operating results

The surplus of the Association for the financial year after providing for income tax amounted to \$ 1,061,742 (2021: \$ 2,750,292).

Events after the reporting date

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the Association, the results of those operations or the state of affairs of the Association in future financial years.

Environmental issues

The Association's operations are not regulated by any significant environmental regulations under a law of the Commonwealth or of a state or territory of Australia.

Bega Garnbirringu Health Service Incorporated

ABN: 47 976 288 533


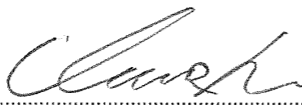
Members' Report

30 June 2022

Indemnification and insurance of officers and auditors

No indemnities have been given or insurance premiums paid, during or since the end of the financial year, for any person who is or has been an officer or auditor of Bega Garnbirringu Health Service Incorporated.

On behalf of the members of the Board:

 Name: <u>MARELDA TURNER</u> Position: Board member	 Name: <u>CLIVE HOLT</u> Position: Chief Executive Officer
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Dated this 22ND day of SEPTEMBER 2022

Bega Garnbirringu Health Service Incorporated

Independent Audit Report to the members of Bega Garnbirringu Health Service Incorporated

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

Location
Dated this 22ND day of SEPTEMBER 2022

Bega Garnbirringu Health Service Incorporated


ABN: 47 976 288 533

Board Members' Declaration


The board members declare that in the board members' opinion:

- there are reasonable grounds to believe that the registered entity is able to pay all of its debts, as and when they become due and payable; and
- the attached financial statements and notes thereto present fairly the Association's financial position as at 30 June 2022 and of its performance for the year ended on that date; and
- the financial statements and notes satisfy the requirements of the *Australian Accounting Standards - Simplified Disclosures, the Associations Incorporation Act 2015 and Australian Charities and Not-for-profits Commission Act 2012*.

On behalf of the members of the Board:


Name: MARELDA TUCKER

Position: Board member


Name: CLIVE HOLT

Position: Chief Executive Officer

Dated 22 SEPTEMBER 2022

Bega Garnbirringu Health Service Incorporated

ABN: 47 976 288 533

Statement of Profit or Loss and Other Comprehensive Income For the Year Ended 30 June 2022

	2022 \$	2021 \$
Revenue		
Grants received	12,366,930	12,025,553
Medicare income	1,571,718	1,827,423
Donations	-	1,000
Interest income	7,970	24,531
Other income	281,571	524,949
	<u>14,228,189</u>	<u>14,403,456</u>
Expenses		
Accounting and audit	(34,617)	(32,140)
Advertising and promotion	(377,962)	(336,173)
Consumables	(768,318)	(712,093)
Depreciation	(252,429)	(251,363)
Employment costs	(8,321,261)	(8,263,255)
General expenses	(1,638,316)	(1,431,801)
Insurance	(238,958)	(256,140)
Motor vehicle expenses	(109,438)	(85,893)
Rental outgoings	(66,000)	(11,000)
Repairs and maintenance	(333,465)	(273,306)
	<u>(12,140,764)</u>	<u>(11,653,164)</u>
Net surplus before income tax	2,087,425	2,750,292
Income tax expense	-	-
Net surplus after income tax expense	<u>2,087,425</u>	<u>2,750,292</u>
Other comprehensive income, net of income tax		
Total comprehensive income for the year	<u>2,087,425</u>	<u>2,750,292</u>

Bega Garnbirringu Health Service Incorporated

ABN: 47 976 288 533

**Statement of Financial Position
As At 30 June 2022**

	2022	2021
	\$	\$
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	20,799,517	19,915,844
Trade and other receivables	586	-
TOTAL CURRENT ASSETS	<u>20,800,103</u>	<u>19,915,844</u>
NON-CURRENT ASSETS		
Property, plant and equipment	10,591,194	9,326,744
TOTAL NON-CURRENT ASSETS	<u>10,591,194</u>	<u>9,326,744</u>
TOTAL ASSETS	<u>31,391,297</u>	<u>29,242,588</u>
LIABILITIES		
CURRENT LIABILITIES		
Trade and other payables	3,363,634	3,415,442
Employee benefits	1,108,593	1,100,687
TOTAL CURRENT LIABILITIES	<u>4,472,227</u>	<u>4,516,129</u>
NON-CURRENT LIABILITIES		
Employee benefits	232,375	127,189
TOTAL NON-CURRENT LIABILITIES	<u>232,375</u>	<u>127,189</u>
TOTAL LIABILITIES	<u>4,704,602</u>	<u>4,643,318</u>
NET ASSETS	<u>26,686,695</u>	<u>24,599,270</u>
EQUITY		
Art revaluation reserve	70,745	70,745
Asset revaluation reserve	1,565,849	1,565,849
Retained earnings	25,050,101	22,962,676
TOTAL EQUITY	<u>26,686,695</u>	<u>24,599,270</u>

Bega Garnbirringu Health Service Incorporated

ABN: 47 976 288 533

**Statement of Changes in Equity
For the Year Ended 30 June 2022**

	2022			
	Retained earnings	Art revaluation reserve	Asset revaluation reserve	Total
	\$	\$	\$	\$
Balance at 1 July 2021	22,962,676	70,745	1,565,849	24,599,270
Other comprehensive income for the year, net of tax	-	-	-	-
Net surplus for the year	2,087,425	-	-	2,087,425
Balance at 30 June 2022	<u>25,050,101</u>	<u>70,745</u>	<u>1,565,849</u>	<u>26,686,695</u>
2021				
	Retained earnings	Art revaluation reserve	Asset revaluation reserve	Total
	\$	\$	\$	\$
Balance at 1 July 2020	20,212,384	70,745	1,565,849	21,848,978
Other comprehensive income for the year, net of tax	-	-	-	-
Net surplus for the year	2,750,292	-	-	2,750,292
Balance at 30 June 2021	<u>22,962,676</u>	<u>70,745</u>	<u>1,565,849</u>	<u>24,599,270</u>

Bega Garnbirringu Health Service Incorporated

ABN: 47 976 288 533

**Statement of Cash Flows
For the Year Ended 30 June 2022**

	2022 \$	2021 \$
CASH FLOWS FROM OPERATING ACTIVITIES:		
Receipts from customers	14,219,633	14,378,924
Payments to suppliers and employees	(11,827,051)	(11,198,878)
Net cash provided by/(used in) operating activities	<u>2,392,582</u>	<u>3,180,046</u>
CASH FLOWS FROM INVESTING ACTIVITIES:		
Proceeds from disposal of property, plant and equipment	1,230	-
Interest received	7,970	24,531
Purchase of property, plant and equipment	(1,518,109)	(802,242)
Net cash provided by/(used in) investing activities	<u>(1,508,909)</u>	<u>(777,711)</u>
Net increase/(decrease) in cash and cash equivalents held	883,673	2,402,335
Cash and cash equivalents at beginning of year	19,915,844	17,513,509
Cash and cash equivalents at end of financial year	<u>2 7 9,517</u>	<u>19,915,844</u>

ACKNOWLEDGEMENT OF FUNDING

The important work we do would not be possible without funding. Bega genuinely appreciate the trust shown in us by our primary funding bodies.







Bega
Garnbirringu
HEALTH SERVICE



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